

TRAINING RESOURCES HANDBOOK



ALL THE DOGS IN THIS HANDBOOK ARE
PIT BULL PEN DOGS
- EITHER CURRENT OR FORMER -

TIE



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MINNIE

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FORWARD

THIS IS NOT “HOW” TO TRAIN YOUR DOG.

THIS IS A COLLECTION OF
INFORMATION AND RESOURCES.

IT IS MEANT TO GIVE YOU AN
OVERSOME TOPICS
AND DIRECT YOU TO CANINE
TRAINING PROFESSIONALS.

THIS IS NOT AN
ALL-INCLUSIVE
COLLECTION
OF INFORMATION, IT
IS MEANT TO PROVIDE
A STARTING POINT
FOR FOSTERS,
ADOPTERS AND THOSE
WHO MAY WANT MORE
INFORMATION.

YUKON



A strong relationship with your dog is crucial for their well-being and effective training. Building a relationship founded on mutual respect, trust, and consistency paves the way for a healthier, happier dog and a more productive training process.

(Bonding with Dogs, 2023)

[HTTPS://UNIVERSITYOFDOG.COM/BONDING-WITH-DOGS/](https://universityofdog.com/bonding-with-dogs/)

MOLLY

RELATIONSHIP BUILDING

1. LEVERAGE THINGS YOUR DOG ENJOYS LIKE AFFECTION AND PLAY

ALLOWING DOGS TO INITIATE AFFECTION OR PLAY BY DEMANDING IT (E.G. PAWING, NUDGING, DROPPING A TOY INSISTENTLY) CAN REINFORCE PUSHY BEHAVIOR, LEADING TO PROBLEMS IN OTHER SITUATIONS.

BY HAVING YOUR DOG DO SOMETHING LIKE "SIT" **FIRST** BEFORE GIVING AFFECTION OR PLAY, THEY HAVE "EARNED" THE REWARD, SETTING UP A STRUCTURE FOR YOUR DOG.

2. PRACTICE USING PERSONAL SPACE APPROPRIATELY

AS HUMANS, WE'RE TAUGHT TO BE POLITE AND YIELD SPACE. HOWEVER, AUTOMATICALLY YIELDING SPACE TO DOGS CAN SEND THE MESSAGE THAT THEY ARE THE ONES IN CONTROL OR THAT THEY DO NOT NEED TO HAVE A HEALTHY RESPECT FOR YOUR PERSONAL SPACE.

3. PRACTICE DOOR MANNERS

DOORS AND GATES OFTEN LEAD TO EXCITING OR REWARDING PLACES LIKE THE YARD. RATHER THAN LETTING DOGS EXPLOSIVELY BURST THROUGH DOORS AND GATES, THIS TECHNIQUE CREATES STRUCTURE. IT REINFORCES THAT YOUR DOG SHOULD LOOK TO YOU FOR PERMISSION BEFORE ENTERING FUN AREAS. YOU CONTROL THE ACCESS.

4. BE CONSISTENT

DOGS THRIVE WITH CONSISTENCY AND PREDICTABILITY IN RULES AND RESPONSES. IT MAKES THEIR WORLD UNDERSTANDABLE. WHEN YOU ARE INCONSISTENT - ALLOWING A BEHAVIOR SOMETIMES BUT NOT OTHERS - IT CONFUSES YOUR DOG. THIS BAD HABIT CAN LEAD THEM TO IGNORE YOUR COMMANDS WHEN YOU REALLY NEED THEM TO COMPLY.

CONSISTENCY BUILDS TRUST AND RELIABILITY, LETTING YOUR DOG KNOW WHAT TO EXPECT FROM YOU. FOR EXAMPLE, IF YOU DON'T WANT YOUR DOG ON THE COUCH, NEVER ALLOW IT, NOT EVEN ONCE.

TYPES OF TRAINING



WSP K9
SHADOW

DOG TRAINING ISN'T JUST ABOUT GETTING YOUR CANINE TO SIT OR FETCH; IT'S AN ENRICHING EXPERIENCE THAT SHAPES A DOG'S BEHAVIOR AND SKILLS. EXPERIENCED DOG OWNERS AND BEGINNERS ALIKE CAN BENEFIT FROM A DEEPER UNDERSTANDING OF THE VARIOUS TRAINING METHODS AVAILABLE.

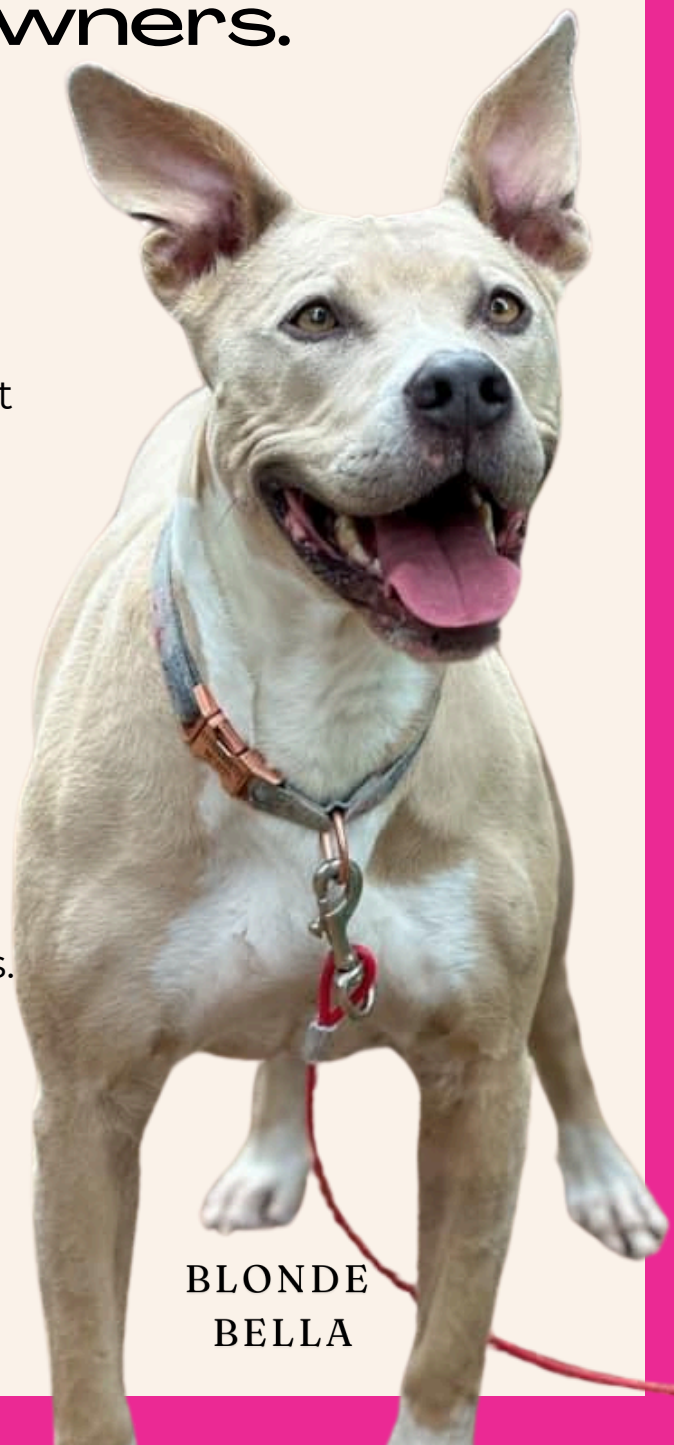
THERE ARE A FEW DIFFERENT TYPES OF DOG TRAINING, AND EACH CAN ENHANCE A DOG'S SKILLS, ENCOURAGE POSITIVE BEHAVIOR, AND BUILD THE POTENTIAL FOR SPECIALIZED ROLES.

OBEDIENCE TRAINING

Obedience training is the starting point for most dogs and their owners.

It includes teaching fundamental commands such as “sit,” “stay,” “come,” “down,” and “leave it.” These commands make daily interactions with your dog smoother and build trust between you and your pet. Positive reinforcement is a key component of obedience training that involves using praise and treats to reward good behavior.

Obedience training helps dogs understand what you expect of them and ensures they can function safely and effectively in various environments. It's especially beneficial for puppies, as it begins the process of socialization and teaches them how to learn in a controlled atmosphere.



BLONDE
BELLA

AGGRESSION OR BEHAVIORAL TRAINING



While obedience training focuses on specific commands, behavioral training is about addressing deeper-seated issues or teaching more complex behaviors.

This can involve modifying aggressive tendencies, reducing anxiety, overcoming fears, and stopping unwanted habits such as jumping or barking excessively.

Training methods for behavioral issues are more specialized, and many of these cases require the assistance of a professional dog trainer. Positive reinforcement remains a powerful tool, but techniques like desensitization, counterconditioning, and habituation can make a significantly larger impact on your dog's behavior.

MOOSHOO

TRACKING TRAINING

Another type of dog training that we want to explain is tracking. Tracking taps into the primal instincts of your dog, harnessing their exceptional sense of smell to follow a scent trail.

ZARA

ZIVA

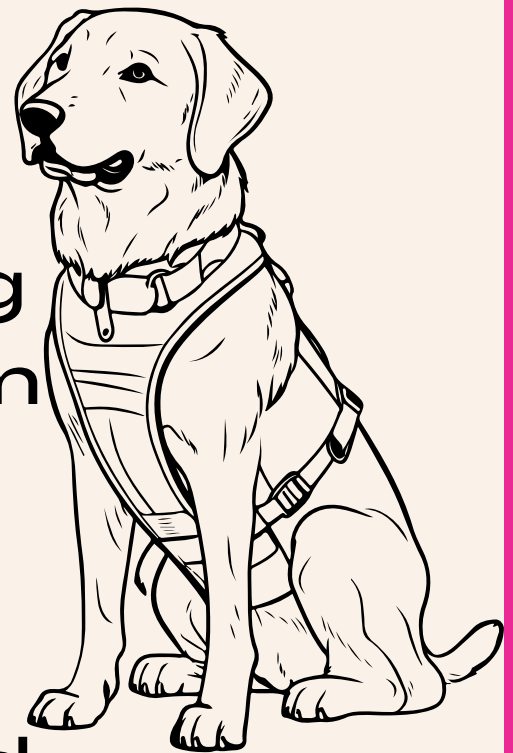
It's most useful in humanitarian work, law enforcement, and search-and-rescue operations. The training process can be highly rewarding for dogs and owners alike. It's a complex and meticulous practice that involves starting with simple, short tracks and gradually increasing the difficulty.

For many dogs, tracking can be an incredibly fulfilling activity, allowing them to do what they do best. When well-honed, a dog's tracking abilities can lead to successful missions and saving lives.



SERVICE DOG TRAINING

Service dog training is a specialized form of training that prepares dogs to assist individuals with PTSD, MST, and other disabilities.



This training includes preparations for guide dogs for the blind, hearing dogs for the deaf, and medical alert dogs for those with health issues. This type of training is rigorous, time-consuming, and requires a deep level of focus from both the dog and trainer.

Service dogs must be able to focus on their tasks despite any environmental pressures, and the training is customizable to meet the specific needs of the individual they'll be assisting. It's a noble pursuit that showcases the incredible potential of the human-dog bond.

IF YOU ARE SEEKING SERVICE
DOG TRAINING, PLEASE
CONTACT:



SERVICE PEACE WARRIORS IN ELTOPIA, WA.

DOG SPORTS TRAINING

Sports training engages a dog's body and brain in a way that promotes emotional benefits by giving them puzzle solving, engaging activities that provide a sense of fulfilment and success



FIONA, PORKCHOP, ZIVA, WONDER & LEXI

IF YOU ARE SEEKING
AGILITY, NOSEWORK, OR
BARN HUNT TRAINING,
PLEASE CONTACT:



4 PAWS DOG WORKS IN RICHLAND, WA

NOT ALL CANINE SPORTS ARE AVAILABLE IN THE TRI-CITIES AREA

TRAINERS OF NOTE

LOCAL AREA TRAINERS

4 PAWS DOGWORKS

RICHLAND, WA.

AL WHITE'S DOG TRAINING, LLC

PASCO, WA.

MATTOX DOG TRAINING ACADEMY

ELTOPIA, WA.

SMARTY PAWS PNW

YAKIMA, WA

HOUNDS FROM HELL TRAINING & REHABILITATION

NACHES, WA

METHODK9

POST FALLS, ID.

JORY CANINE

NEWBERG, OR.

KATZK9

TACOMA, WA

CAIN

WE HAVE HAD ONSITE DOGS, FOSTERS OR ADOPTORS
PERSONALLY WORK WITH, OR RECIEVE TRAINING FROM, ONE
OR MORE OF THE ABOVE MENTIONED TRAINERS OR FACILIITES.

MORE TRAINERS & DOG RELATED PODCASTS

PODCAST - HOST(S).

- CONSIDER THE DOG - TYLER MUTO
- CANINE PARADIGM - GLENN COOK & PAT STUART
- NEXT LEVEL DOGS - JAY JACK & AMANDA BUCKNER
- SOMETHING TO BARK ABOUT - CHAD MACKIN
- DOG TRAINER'S PODCAST - MARIANO ALVAREZ & BRENT LABRADA
- NO BAD DOGS - TOM DAVIS
- FENZI DOG SPORTS - DENISE FENZI
- BITEY END OF THE DOG - MICHAEL SHIKASHIO
- GUN DOG IT YOURSELF - NICK ADAIR

PODCASTS ARE A GREAT WAY TO LISTEN TO PROFESSIONAL DOG TRAINERS TALK ABOUT THIER OWN EXPERIENCES, CLIENTS, METHODS, AND PASSIONS.

SOMETIMES - YOU MAY JUST GET A QUESTION ANSWERED..FOR FREE! JUST BY LISTENING

BOOKS TOO!

- THE OTHER END OF THE LEASH BY PATRICIA MCCONNELL
- HOW DOGS LEARN BY MARY R. BURCH & JON S. BAILEY
- THE GOOD DOG WAY: LOVE THEM BY LEADING THEM BY SEAN O'SHEA

DOG TRAINING WEBSITES

THESE WEBSITES HAVE VIDEOS AVAILABLE FOR FREE AS WELL AS SOME AVAILABLE FOR PURCHASE. SOME TRAINERS PUT FREE CONTENT UP ON YOUTUBE AS WELL.

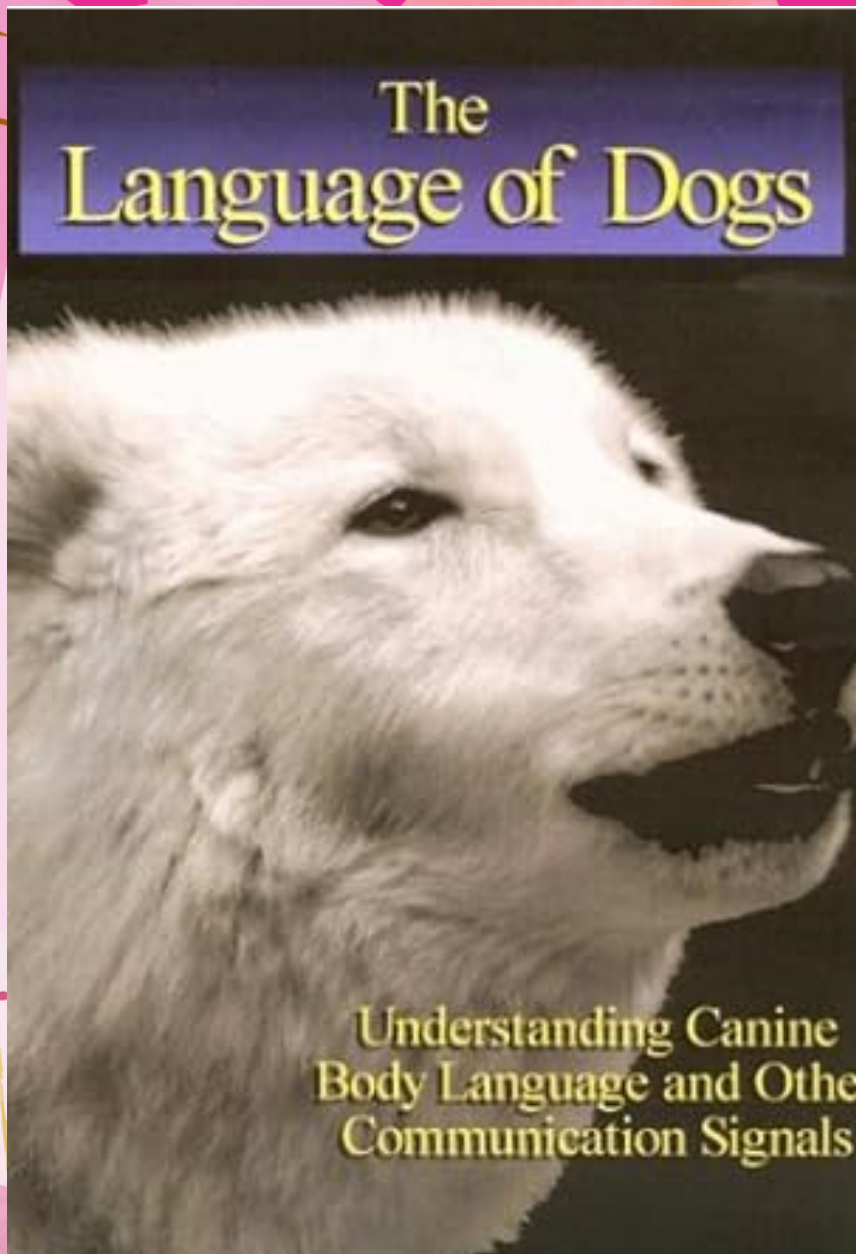
EVERY DOG IS DIFFERENT, AND SOME TECHNIQUES MAY WORK WELL FOR SOME BUT OTHERS MAY NEED A DIFFERENT APPROACH - DEPENDING ON THE NEEDS OF THE DOG.

- **CONSIDER THE DOG - TYLER MUTO**
- **METHODK9 INSTITUTE - STEPHANIE VICHINSKY**
- **ROBERT CABRAL**
- **MICHAEL SHIKASHIO - AGGRESSIVE DOG.COM**
- **NO BAD DOGS - TOM DAVIS**
- **POSITIVELY - VICTORIA STILLWELL**

NICK

CANINE BODY LANGUAGE

WE HIGHLY ENCOURAGE EVERYONE TO WATCH
"THE LANGUAGE OF DOGS" VIDEO -
IT IS AVAILABLE FROM AMAZON AND ON VIMEO.



OTHER CANINE BODY LANGUAGE RESOURCES

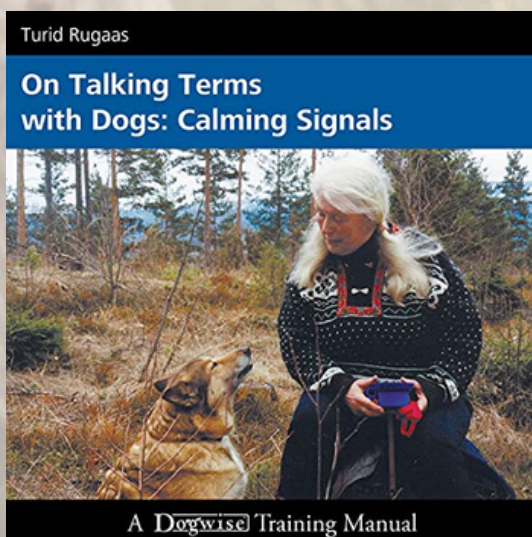
CALMING SIGNALS

Calming signals such as:

- Sitting down, make yourself smaller by squatting down,
- Have a relaxed body
- Slightly turn to the side, turning your head aside,
- Look away or past where the dog is
- Speak in a calm, unanimated tone of voice
- Do anything other than staring straight at your dog while walking towards them.

DRAMA

TURID RUGAAS



KAT ALBRECHT



STOOT



NEO

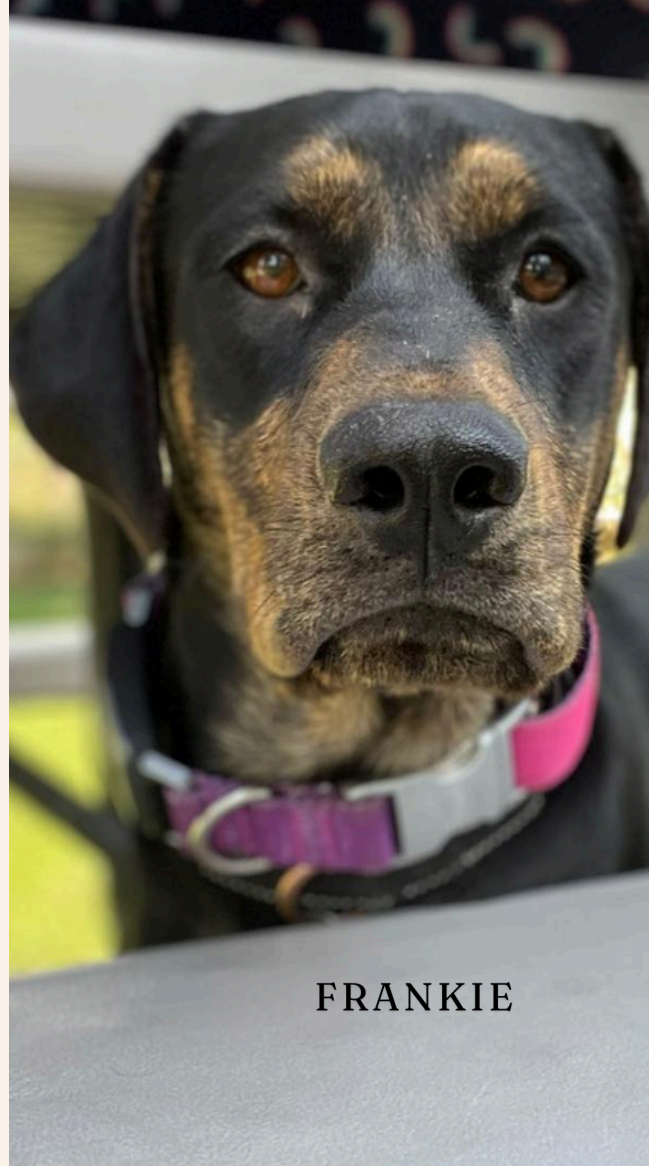
“ONE OF THE MOST SIGNIFICANT ADVANCEMENTS IN TRAINING WAS THE REALIZATION THAT BEFORE WE USE ANY TOOL SUCH AS A TRAINING COLLAR TO “CORRECT” A DOG FOR DISOBEDIENCE, WE FIRST NEED TO MAKE SURE THAT THE DOG HAS AN OPPORTUNITY TO LEARN NOT ONLY ABOUT THE TRAINING EXERCISE, BUT ALSO ABOUT THE TOOL, MEANING THE DOG MUST LEARN THAT WHAT WE CALL “PRESSURE” IS SOMETHING THAT THEY CAN CONTROL AND AVOID THROUGH THEIR ACTIONS.”

- TYLER MUTO -

TYPES OF COLLARS

MARTINGALE COLLAR

A martingale collar prevents dogs from slipping the collar as it tightens in response to a pull on the lead. Whereas a harness can distribute the force from a pull, which is easier on the neck of your dog.



FRANKIE

STARMARK COLLAR



This is a hard plastic collar that is similar to a prong collar but may be used for dogs whose skin is super sensitive to a metal prong or may have aversion to “clinking” sounds. It has the same cinching action as a Martingale

FI COLLAR

Fi Collars (or other GPS collars) are good if you have a habitual escape artist OR a dog that you allow off leash at the beach or camping. These collars allow you to track your dog's location. You can get different Fi collar designs from Stunt Puppy.



THE PRONG & THE E-COLLAR

THE USE OF E-COLLARS AND PRONG COLLARS REMAINS A CONTENTIOUS ISSUE IN THE DOG TRAINING COMMUNITY. WHILE PROPONENTS HIGHLIGHT THEIR EFFICIENCY IN ADDRESSING CERTAIN BEHAVIORS AND THE POTENTIAL FOR CONTROLLED TRAINING, CRITICS EMPHASIZE THE RISKS OF PHYSICAL HARM, NEGATIVE PSYCHOLOGICAL EFFECTS, AND ETHICAL CONCERNS ASSOCIATED WITH THEIR USE.

IT'S CRUCIAL FOR DOG OWNERS CONSIDERING PRONG OR E-COLLARS TO THOROUGHLY RESEARCH, UNDERSTAND THE RISKS INVOLVED,

AND- IF USED- HAVE A PROFESSIONAL HELP YOU CONDITION YOUR DOG TO WEARING THEM AND ENSURE PROPER TRAINING TECHNIQUES AND ETHICAL CONSIDERATIONS.



PRONG COLLAR

They are designed to provide equal lead pressure all around the neck at the same time, not just under the throat like a traditional collar. Different dogs respond differently to the prong collar, and some may do better with a slip lead or martingale.

Herm Sprenger's are often the most recommended. They're made with a heavier grade, thicker metal that ensures the ends are thick and blunt

E-COLLAR

An e-collar - short for electronic collar - looks like a standard strap collar, but with the addition of a small black transmitter box. A hand-held remote is wired to send signals to the dogs neck from his owner's hand, anywhere from a few hundred meters to a mile apart, depending on the model.

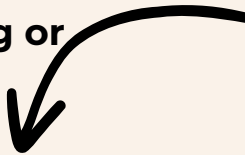
This is one of a few brands of quality E-collars, the "Educator" by E-Collar Technologies.



LET'S TALK ABOUT YOUR BALLS

We discourage people from having tennis balls as “toys” or “fetch” objects for dogs. Two dogs who were adopted from our rescue both died (within months of each other) after they suffocated due to getting a tennis ball lodged in their throat. One dog was actively being supervised and, despite the owner’s best efforts to get it out, the dog passed away in front of them.

Balls that have a hole drilled through them or designed like the ChuckIt! Breathe Right Fetch ball, or balls that are larger than the dog’s mouth are highly recommended. We don’t want any dog or human to have to experience a choking incident.



MINI
MACARONI

LILLIANA

CASEY

FIONA



WHISTLER BALLS



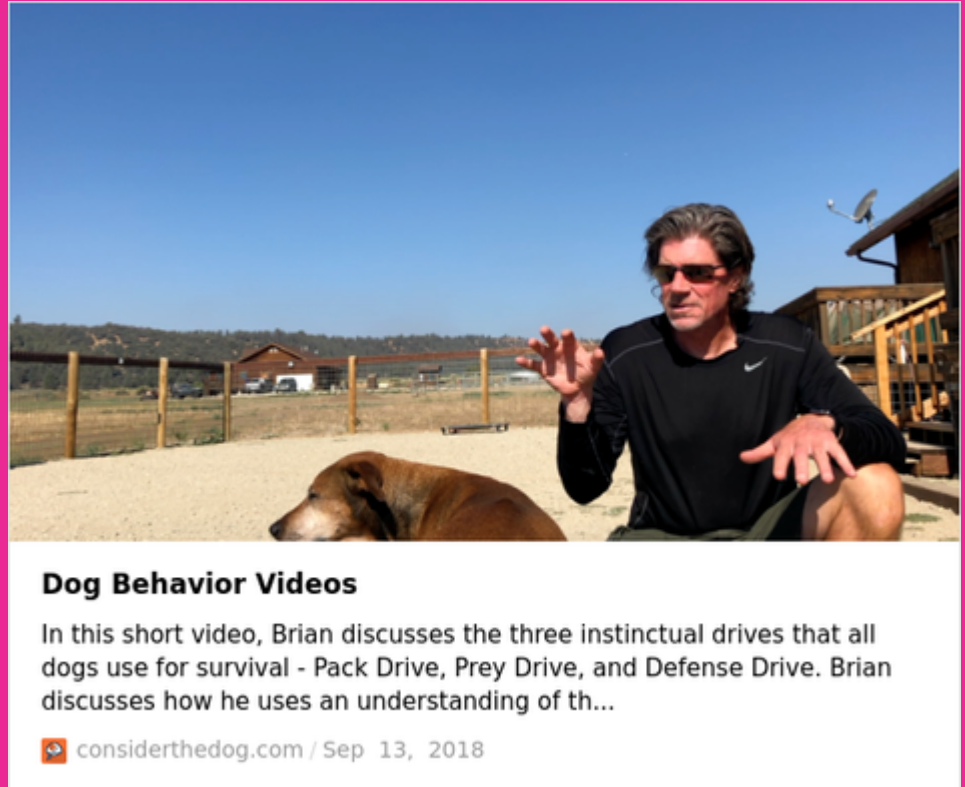
JOLLY BALL



CHUCKIT -
BREATHE RIGHT FETCH BALL

DRIVES IN DOGS

CANINES ARE HARD-WIRED TO VIEW AND INTERACT WITH THE WORLD IN SPECIFIC WAYS, CATEGORICALLY BROKEN DOWN AND CLASSIFIED AS “DRIVES”.



PREY DRIVE

Prey Drive is the dog's desire to scent (find), chase, kill and eat.

PACK DRIVE

Pack drive describes a dog's desire to follow another's lead, whether that is canine or human.

DEFENSE DRIVE

Defense drive can be oversimplified to fight or flight. A dog with low defense drive is much more likely to be avoidant when confronted. A dog with a high defense drive is more likely to respond aggressively.



THURSDAY

PREY DRIVE

HUNTING OR PREY DRIVE IS EXTREMELY COMMON IN ALL DOGS, INCLUDING OUR PET DOGS AND IS MOST OFTEN SEEN IN A DOG'S DESIRE TO PLAY.

HUNTING DRIVE RELIES ON THE DOG'S "PREY DRIVE." **PREY DRIVE IS THE DOG'S DESIRE TO SCENT (FIND), CHASE, KILL AND EAT.**

ALTHOUGH WE FEED OUR DOGS AND THEY DON'T NEED TO HUNT, THAT DRIVE IS STILL A HARDWIRED INSTINCT THAT THE DOG WILL NOT "UNLEARN."

IN ITS FUNDAMENTAL FORM, PREY DRIVE IS MANIFESTED IN OUR DOMESTIC DOGS AS PLAY DRIVE: YOU THROW A BALL, THE DOG CHASES THE BALL, AND THE DOG PLAYS WITH THE BALL.

PREY DRIVE CAN MANIFEST IN UNWANTED BEHAVIORS AS WELL. CHASING SMALLER ANIMALS OR LIVESTOCK, STALKING,

PREY DRIVE AND PREDATORY BEHAVIOR IN DOGS GENERALLY CONSIST OF AN EIGHT-STEP SEQUENCE:

1. ORIENT
2. EYE
3. STALK
4. CHASE
5. GRAB-BITE
6. KILL-BITE
7. DISSECT
8. CONSUME

THIS SEQUENCE CAN TAKE HAPPEN VERY QUICKLY IN SOME BREEDS AND IN OTHERS, LIKE HERDING BREEDS - YOU MAY SEE THE STALKING AND CHASING GO ON FOR A FEW MINUTES. REMEMBER, THEY WERE BRED FOR THAT.

WHEN YOUR DOG SHAKES AND "DE-STUFFS" IT'S TOY, THAT IS THEIR "KILL, DISSECT AND CONSUME" SEQUENCE SHOWING ITSELF.



PACK DRIVE

CYPRESS

DOGS ARE HAPPY TO GO ALONG WITH THE FLOW IN A HAPPY, WELL-BALANCED PACK. PACK DRIVE IS ONE WE CAN USE TO CONDITION OUR DOGS TO GO ALONG WITH OUR WAY. WHEN DOGS FALL IN LINE AND UNDERSTAND THE BENEFITS OF PACK DRIVE, IT IS THEIR HAPPIEST (AND SAFEST) PLACE. THINK OF THE DOGS YOU SEE WALKING HAPPILY WITH THEIR OWNERS, SITTING AT THE FOOT OF THE CHAIR WHILE THE OWNER READS OR TALKS TO A FRIEND, THESE DOGS ARE IN PACK DRIVE.

PACK DRIVE ACCOUNTS FOR THE LEAST STRESS ON THE DOG BECAUSE HE'S NOT BEING ASKED TO HUNT, PROTECT, PLAY OR ANYTHING, HE'S SIMPLY ALLOWED TO "BE." IF YOU WANT A HAPPY DOG, IT WILL BE A DOG THAT IS BALANCED IN HIS PACK DRIVE WITH HIS OWNER / PERSON.

THERE ARE TIMES WE ASK A DOG TO SWITCH BETWEEN PACK DRIVE AND PREY DRIVE SUCH AS WHEN WE WALK ALONG AND THEN THROW A STICK. THE DOG GOES FROM THE "WALKING ALONG" / PACK DRIVE TO "CHASING THE STICK" / PREY DRIVE. IF THE DOG IS CONSTANTLY IN AN EXCITED STATE; JUMPING UP TO GET THE HUMAN TO THROW THE STICK, BARKING, RUNNING AROUND, ETC. HE'S NOT SETTling BACK INTO PACK DRIVE, HE IS STAYING IN PREY DRIVE.

GETTING A DOG TO SETTLE INTO OR SWITCH TO PACK DRIVE IS PRIMARY FOR A HAPPY RELATIONSHIP BETWEEN DOGS AND PEOPLE. WE BOTH MUST STRIVE TO FIND THAT BALANCE AND TEACH THE DOG THAT HE DOESN'T ALWAYS HAVE TO "BE ON."

DEFENSE DRIVE

IN ITS PURE FORM, DEFENSE DRIVE IS THE INSTINCT TO INTIMIDATE AND USE THE LEAST CONTACT NECESSARY TO DRIVE AWAY A THREAT TO A DOG'S SELF, SOCIAL STATUS, PUPS, OR ANYTHING THAT THE DOG FEELS IS IMPORTANT.

FLIGHT, FIGHT OR FREEZE.

WHEN A DOG BITES IN DEFENSE IT IS GENERALLY WITH THE FRONT OF THE MOUTH ONLY AND FAST WITH INTENTIONS OF HOPEFULLY DRIVING AWAY THE THREAT WHILE AVOIDING FULL CONTACT FROM THAT THREAT. THIS SUMS UP AS, "I'M GOING TO THREATEN OR HURT YOU, ONLY WHILE YOU ARE THREATENING ME OR WHAT IS VERY IMPORTANT TO ME."

DOGS THAT SHOW "FOOD AGGRESSION" OR OTHER RESOURCE GUARDING BEHAVIORS ARE USUALLY IN THIS PURE DRIVE.

MANY DOGS WILL ALSO DISPLAY THIS KIND OF AGGRESSION WHEN FLIGHT ISN'T AVAILABLE, SUCH AS WHEN RESTRAINED AT THE VETERINARIANS, TOE NAILS CLIPPED, ETC.

DOGS THAT PURSUE OR OTHERWISE DO MORE THAN NECESSARY TO DEFEND FROM IMMEDIATE THREAT ARE NOT IN PURE DEFENSE AND ARE MOVING INTO THE FIGHT DRIVE CATEGORY.



ZEUS



Fight Drive

This is reserved mostly toward competitors of "equal" or undetermined status. A dog in fight drive will perceive his target as a threat to something...

 DogTraining.World /

MULTIPLE STUDIES HAVE DEMONSTRATED THE IMPACT OF DIET COMPOSITION AND SPECIFIC NUTRIENTS ON BRAIN FUNCTION AND BEHAVIOR IN DOGS.

A WELL-BALANCED DIET, INCLUDING CARBOHYDRATES, FATS, PROTEINS, VITAMINS, AND MINERALS, IS ESSENTIAL FOR MAINTAINING A DOG'S MENTAL AND PHYSICAL WELL-BEING.

[HTTPS://RUFFACADEMYWI.COM/THE-LINK-BETWEEN-DIET-AND-BEHAVIOR-IN-DOGS/](https://ruffacademywi.com/the-link-between-diet-and-behavior-in-dogs/)

FOOD ALLERGIES AND SENSITIVITIES CAN ALSO CONTRIBUTE TO UNWANTED BEHAVIORS IN DOGS.

IT IS IMPORTANT TO CONSULT A VETERINARIAN TO ENSURE THAT A DOG'S DIET SUPPORTS THEIR BEHAVIOR AND OVERALL HEALTH.



RAYA

HEALTH & NUTRITION

SOME WORDS FROM OUR ADOPTION AND FOSTER COORDINATOR

I always end my interviews with *"there is no stupid questions, believe me I've asked them all!"* And you can always call me to laugh, yell, or cry. Rescue dogs can be difficult. A ton of them have called and just said "I need to yell".

Okay, I'm here to listen. While I say *"best interest of the dogs always"*, there is the human side that we have to connect with as well, so everyone is set up for success.





EXECUTIVE DIRECTOR - TRISH TRICKIT

